



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
B.A. (Psychology) Semester III (2022-25)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
BAPSY301	Major/Minor	Psychology of Personality	60	20	20	30	20	2	0	2	3

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit.

***Teacher Assessment** shall be based on the following components: Quiz/Assignment/Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Educational Objectives (CEOs):

CEO1: Understand the term personality through various approaches and its application indifferent walks of life.

CEO2: Understand the difference between psychoanalytic and neo psychoanalytic theories of personality.

CEO3: Comprehend the centrally important theories and approaches of personality.

CEO4: Understand the individual differences through trait approaches of personality.

CEO5: Impart various research and assessment methods to measure personality.

Course Outcomes: Students will be able to-

CO1: Define the personality in terms of body structure, culture, class etc.

CO2: Differentiate between psychoanalytic and neo-psychoanalytic theories of personality.

CO3: Describe behaviorist and humanistic-existential approaches to personality.

CO4: Recall the trait approach and identify issues related to personality.

CO5: Demonstrate the application of different personality assessment methods.

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BAPSY301

Psychology of Personality

Contents

Unit I

Introduction to Personality- Definitions and Nature; Approaches: Person-Situation Interaction; Idiographic & Nomothetic.

Unit II

Psychoanalytic and Neo-Psychoanalytic Theories of Personality- Sigmund Freud, Carl Jung, Horney, and Erik Erikson.

Unit III

Approaches to Personality- Behaviorist, Humanistic, and Cognitive.

Unit IV

Trait Approach- G. Allport, Raymond Cattell, Hans. J. Eysenck, Five Factor Model – Costa & McCrae.

Unit V

Personality Assessment Methods- Objective, Projective, and Behavioral.

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List of Practical: (Any Five)

- Big Five Personality Inventory
- Personality Assessment Profile
- Personality Inventory
- TAT
- MPI
- 16 PF

Suggested Readings:

- Buck, R. (1976). **Human Motivation and Emotion**, New York: Wiley.
- Frager, R. & Fadiman, J. (2007). (6th Edn). **Personality and personal Growth**. PearsonPrentice Hall, India.
- Hall, C.S., Lindzey, G., & Campbell, J.B. (2007). **Theories of Personality**. Wiley: India.
- Schultz, D.P & Schultz, E.S. (2005). **Theories of Personality**. Delhi: Thomson Wadsworth.

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BAPSY302	CC	Biopsychology	60	20	20	0	0	3	0	0	3

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;

***Teacher Assessment** shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Educational Objectives (CEOs):

CEO1: To provide the basic knowledge of biological bases of behaviour with the help of different methods.

CEO2: To provide the awareness of developmental concepts and evolution of neural and behavioral systems.

CEO3: To enable regarding various sensory system and their functioning.

CEO4: To understand the relationship between brain and behavior.

CEO5: To know the hormonal bases of behaviour and functions and abnormalities related to different glands.

Course Outcomes (COs): The student will be able to:

CO1: Describe how the general principles and tools of biopsychology are applied.

CO2: Identify the major anatomical structures of the nervous system by their function and their relative position.

CO3: Classify the actions of neurotransmitters and receptor types and predict their effects on behavior.

CO4: Explain various sensory systems and their functioning.

CO5: To describe the role of hormones and glands to identify the behavioural patterns.

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BAPSY302	Major/Minor	Biopsychology	60	20	20	0	0	3	0	0	3

BAPSY302
Biopsychology

Contents

Unit I

Introduction: Definition, Nature and Scope, Historical background, Methods of study, Evolutionary perspective of Biopsychology.

Unit II

Anatomy of the Nervous System: Structure and Functions, Nerve Impulse and Synaptic Transmission, Neurotransmitters and their Functioning.

Unit III

Sensory Systems: The visual System, the Auditory System and the Somato-sensory System.

Unit IV

Anatomy of the Brain: Structure of the Brain- The Forebrain, Midbrain, Hindbrain, Cerebral Cortex and its Organization, Brain Damage and Plasticity.

Unit V

Hormonal Basis of Behavior - Endocrine System: Structure, Functions and abnormalities of major glands: Thyroid, Adrenal, Gonads, Pituitary, Pancreas and Pineal gland.

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BAPSY 302	CC	Biopsychology	60	20	20	0	0	3	0	0	3

Suggested Readings:

- Breedlove, S. M., Rosenzweig, M. R., & Watson, N. V. (2007) **Biological Psychology: An introduction to behavioral, cognitive, and clinical neuroscience**, 5th Edition.
- Chauhan, R. R. (2001). **Asamanaya Manovigyan. Kurukshetra: Azad Publications**
- Dixit, Nirupama (2010). **Adhunik Asamanaya Manovigyan. Agra: AggrawalPub.**
- Levinthal, C.F. (1983). **Introduction to Physiological Psychology. New Delhi: PHI.**
- Mangal, S. K. (2008). **Abnormal Psychology. New Delhi: Sterling.**
- Pinel, J. P. J. (2011) **Biopsychology, 8th Edition. Pearson Education, New Delhi.**

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